



BIRTH TO FIVE FREE INFORMATION WORKSHOPS 12-14:30

For Parents and Carers of Children aged 0-5 who have additional needs.

Session 1- 6th November 2017: Birth to Five: Support and Information

- Know about support services for you and your family
- Know how to find support in your local area
- Understand how to get support.

Session 2- 13th November 2017: Birth to Five: Building Parental Confidence

- Resilience
- Assertiveness

Session 3- 20th November 2017: Encouraging Positive Behaviour

- Understand the reason for behaviour
- Top tips to help
- Know how to work with others to encourage positive behaviour

Session 4- 27th November 2017: Money Matters

- Know how to improve your finances
- Understand what you are entitled to
- Know where to get support

Location:

The Family Centre
Barton Hill settlement
43 Ducie Rd,
Bristol, BS5 OAX

Please book in with the Family Centre -
There is a crèche available but we need
info about your child/ren beforehand
TEL: 0117 955 6971 for more info.

contact *For families
with disabled children*